

# 生活品質專題討論

## 社會設計的取向

*Seminar on Quality of Life: A Perspective of Social Design*

Spring 2019

星期二 9:10-12:10

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辦公室時間：星期二 2:10-4:00 p.m. @SS540 or by appointments

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隨著全球化帶來經濟的快速發展，越來越多的國家脫離了低度發展的困境，追求提高生活品質，成為各國的主要目標。這門課程討論生活品質的相關的研究成果。相關的議題如生活品質的理論、生活品質的研究、跨國的比較、生活品質的改善政策、以及生活品質社會學研究的方向。本課程將透過廣泛地閱讀相關議題的文獻，以求能夠更具體掌握生活品質研究的主要核心理論、概念與相關的研究成果。除了基本的文獻的閱讀與討論，本課程也配合學生的興趣，聚焦於特定的主題。

上課的方式以口頭報告與課堂討論為主。本課程的要求分成二部分：一、修課學生上課的參與討論(40%)；二、三篇心得報告與簡短期末報告(35%)。修課學生應在應於上課的第八週提出期末報告的題目，並在第十五週以前提出報告的寫作大綱，並於學期末繳交期末報告。

### 課程大綱與研讀範圍

#### 1. 導論

Veenhoven, Ruut. 2012. Happiness: Also Known as “Life Satisfaction” and “Subjective Well-Being.” Pp. 63-77, Handbook of Social Indicators and Quality of Life Research, edited by K. C. Land, A. C. Michalos, & M. J. Sirgy. Springer Netherlands.

葉秀珍，2014，〈生活品質研究的測量、理論與分析〉，《國家與社會》16: 1-40。

De Neve, Jan-Emmanuel, Ed Diener, Louis Tay, and Cody Xuereb. 2013. “The Objective Benefits of Subjective Well-Being.” Pp. 54-79 in World Happiness Report 2013, edited by John F. Helliwell, Richard Layard, and Jeffrey Sachs. New York: Sustainable Development Solutions Network.

## 2. 生活品質的概念與理論

Veenhoven, Ruut. 2008. “Sociological Theories of Subjective Well-being.” Pp. 44-61 in The Science of Subjective Well-being: A Tribute to Ed Diener, edited by Michael Eid and Randy Larsen. New York: Guilford Publications.

Tsai, Ming-Chang. 2007. “Does Globalization Affect Human Well-being?” Social Indicators Research 81:102-126.

Ferriss, Abbott L. 2004. “The Quality of Life Concept in Sociology.” American Sociologist 35(3): 37-51.

Edgerton, Jason D., Lance W. Roberts, and Susanne von Below. “Education and Quality of Life.” Pp. 265-296, Handbook of Social Indicators and Quality of Life Research, edited by K. C. Land, A. C. Michalos, & M. J. Sirgy. Springer Netherlands.

Veenhoven, Ruut. 1991. “Is happiness relative?” Social Indicators Research 24(1): 1-34.

## 3. 快樂的跨國比較

Helliwell, John F., Richard Layard, and Jeffrey Sachs, eds. 2015. World Happiness Report 2015. New York: Sustainable Development Solutions Network.

Helliwell, John F., Richard Layard, and Jeffrey Sachs, eds. 2018. World Happiness Report 2018. New York: Sustainable Development Solutions Network.

Tsai, Ming-Chang. 2009. “Market Openness, Transition Economies and Subjective Wellbeing” Journal of Happiness Studies 10:523–539.

## 4. 快樂的跨國比較：東亞的特色

Oshio, Takashi, Kayo Nozaki, Miki Kobayashi. 2011. “Relative Income and Happiness in Asia: Evidence from Nationwide Surveys in China, Japan, and Korea.” Social Indicators Research 104: 351-367.

Liao, Pei-Shan, Yang-Chih Fu and Chin-Chun Yi. 2005. “Perceived Quality of Life in Taiwan and Hong Kong: An Intra-Culture Comparison.” Journal of Happiness Studies 6:43–67.

Easterlin, Richard, Fei Wang, and Shun Wang. 2017. “Growth and Happiness in China, 1990-2015.” Pp. 48-73 in World Happiness Report 2015, edited by John F.

Helliwell, Richard Layard, and Jeffrey Sachs. New York: Sustainable Development Solutions Network.

## 5. 地方創生與生活品質

蔡瑞明主編，2018，《新實踐與地方社會》。台北：人文創新與社會實踐計畫辦公室。

松永安光、德田光弘，2018，《地方創生最前線》。台北：行人文化。

## 6. 快樂的追求

Graham, Carol. 2011. The Pursuit of Happiness: An Economy of Well-being. New York: Brookings Institution Press. (幸福經濟學，2014。台北：漫遊者文化)

Wu, Li-Hsueh and Ruey-Ming Tsay. 2018. “The Search for Happiness: Work Experiences and Quality of Life of Older Taiwanese Men.” Social Indicators Research 136: 1031-1051.

Sachs, Jeffrey. 2015. “Investing in Social Capital.” Pp. 152-166 in World Happiness Report 2015, edited by John F. Helliwell, Richard Layard, and Jeffrey Sachs. New York: Sustainable Development Solutions Network.

## 7. 生活品質與環境

蔡瑞明、巫麗雪、黃昱琄，2015，〈在地老化的新思維：優質的長青生活與環境〉。收錄於蔡瑞明主編《銀髮生活：建構優質的長青生活品質與環境》。高雄：巨流圖書。

蔡瑞明主編《銀髮生活：建構優質的長青生活品質與環境》。高雄：巨流圖書。

## 8. 社會政策與生活品質

The Global Happiness Council. 2018. Global Happiness Policy Report 2018. New York: Sustainable Development Solutions Network.

Layard, Richard and Gus O’Donnell. 2015. “How to Make Policy When Happiness is the Goal.” Pp. 76-87 in World Happiness Report 2015, edited by John F. Helliwell, Richard Layard, and Jeffrey Sachs. New York: Sustainable Development Solutions Network.

Sachs, Jeffrey. 2016. “Happiness and Sustainable Development: Concepts and Evidence. Pp. 56-64 in World Happiness Report 2016, Update (Volume 1) edited by John F. Helliwell, Richard Layard, and Jeffrey Sachs. New York: Sustainable Development Solutions Network.

山崎亮，2011，《社區設計》。台北：臉譜。

### 參考書籍與論文

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- Shek, Daniel T.L. and Robert M. Hoolister (eds). 2017. University Social Responsibility and Quality of Life: A Global Survey of Concepts and Experiences. Singapore: Springer.
- Tsai, Ming-Chang and Wan-Chi Chen (eds). 2017. Family, Work and Wellbeing in Asia. Singapore: Springer.
- Wildevuur, Sabine et al. , 2013, 《創造連結：用設計創造有同理心的社會》(Connect: Design for an Empathic Society)。台北：源流。
- 周傳久，2016，《北歐銀色新動力：重拾個人價值的高齡者照顧》。高雄：巨流圖書。
- 松永安光、德田光弘主編，2018，《地方創生最前線》。台北：行人文化。
- 陳東升，2012，〈社群治理與社會創新〉。《台灣社會學刊》 49: 1-40。
- 黃應貴、陳文德主編，2016，《21世紀的地方社會：多重地方認同下的社群性與社會想像》。新北市：群學。