

高齡社會與生活品質

Seminar on Aging Society and Quality of Life

Spring 2017

星期一 9:10-12:10

蔡瑞明

東海大學社會學系

辦公室時間：星期三 2:10-4:00 p.m. @SS540 or by appointments

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最近的一二十年人類第一次經驗到大多數人可以活到老年，有些國家的人民甚至可以活到70、80歲。然而高齡社會也為人類帶來前所未有的挑戰。本門課程討論學者分析討論高齡社會所衍生的各項課題的研究成果。高齡社會所面臨的不僅只是人口老化的健康問題與經濟安全議題，它同時也與家庭結構與生活型態息息相關。本課程將在閱讀高齡社會的文獻之後，聚焦於生活品質與快樂的議題。高齡社會學的議題相當多元，除了基本的文獻的閱讀與討論，本課程也配合學生的興趣，聚焦於特定的主題。

上課的方式以口頭報告與課堂討論為主。本課程的要求分成三部分：一、修課學生上課的參與討論(40%)；二、提供1-2個台灣高齡社會的議題，並整理相關資料以供上課討論(25%)。三、一篇與本課程有關的期末報告(35%)。關於台灣的議題，需與本課程的議題相關，並在相關的週次提出。修課學生應在應於上課的第八週提出期末報告的題目，並在第十五週以前提出報告的寫作大綱，並於學期末繳交期末報告。

課程大綱與研讀範圍

1. 導論：從歐美看台灣

周傳久，北歐銀色新動力：重拾個人價值的高齡者照顧。高雄：巨流圖書。2016。

2. 台灣的高齡化現況與未來

羅紀琮主編。台灣人口老化問題。台北：中央研究院經濟研究所。2009。

3. 高齡社會學的趨勢與理論

Richard A. Settersten, Jr. and Jacqueline L. Angel. "Trends in the Sociology of Aging: Thirty Year Observations." Pp. 3-16 in Richard A. Settersten, Jr. and Jacqueline L. Angel (eds.), Handbook of Sociology of Aging.

Victor W. Marshall and Vern L. Bengtson. "Theoretical Perspectives on the Sociology of Aging." Pp. 17-34 in Richard A. Settersten, Jr. and Jacqueline L. Angel (eds.), Handbook of Sociology of Aging.

Merril Silverstein and Roseann Giarrusso. "Aging Individuals, Families, and Societies: Micro-Meso-Macro Linkages in the Life Course." Pp. 35-50 in Richard A. Settersten, Jr. and Jacqueline L. Angel (eds.), Handbook of Sociology of Aging.

4. 社會歷程與老化過程

John W. Rowe and Robert L. Kahn. 1997. "Successful Aging." The Gerontologist 37: 433-440.

Markus H. Schafer and Kenneth F. Ferraro. 2012. "Children Misfortune as a Threat to Successful Aging: Avoiding Disease." The Gerontologist 52(1): 111-120.

Markus H. Schafer, Kenneth F. Ferraro and Sarah A. Mustillo. 2011. "Children of Misfortune: Early Adversity and Cumulative Inequality in Perceived Life Trajectories." American Journal of Sociology 116(4): 1053-1091.

5. 高齡社會的生活與環境

蔡瑞明、巫麗雪、黃昱琄，2015，〈在地老化的新思維：優質的長青生活與環境〉。收錄於蔡瑞明主編《銀髮生活：建構優質的長青生活品質與環境》。高雄：巨流圖書。

蔡瑞明主編《銀髮生活：建構優質的長青生活品質與環境》。高雄：巨流圖書。

6. 高齡社會與快樂

Helliwell, John F., Richard Layard, and Jeffrey Sachs, eds. 2015. World Happiness Report 2015. New York: Sustainable Development Solutions Network.

Liao, Pei-Shan, Yang-Chih Fu and Chin-Chun Yi. 2005. Perceived Quality of Life in Taiwan and Hong Kong: An Intra-Culture Comparison. Journal of Happiness Studies 6:43-67.

Tsai, Ming-Chang. 2009. Market Openness, Transition Economies and Subjective Wellbeing. Journal of Happiness Studies 10:523-539

7. 生活品質與退休規劃

Melissa Hardy. "Rethinking Retirement." Pp. 213-228 in Handbook of Sociology of Aging.

Cheryl Elman. "The Midlife Years: Human Capital and Job Mobility." 245-262 in Handbook of Sociology of Aging.

Peter B. Doeringer. 1990. "Economic Security, Labor Market Flexibility, and Bridges to Retirement." Pp. 3-22 in Bridges to Retirement: Older Workers in a Changing Labor Market, edited by Peter B. Doeringer. Ithaca, NY: ILR Press.

8. 退休安排與成功老化

Greg O'Neill, Nancy Morrow-Howell, and Sarah F. Wilson. "Volunteering in Later Life: From Disengagement to Civic Engagement." Pp. 333-350 in Handbook of Sociology of Aging.

Tsay, Ruey-Ming and Li-Hsueh Wu. 2014. "Social Policies, Retirement Arrangements and Inequalities of Ageing in Taiwan." Pp. 97-116 in Social Issues and Policy in East Asia: Family, Ageing and Work, edited by Raymond K. H. Chan, Lillian L.-R. Wang, and Jens O. Zinn. Cambridge Scholars Publishing.

Li-Hsueh Wu and Ruey-Ming Tsay. 2017. "The Search for Happiness: Work Experiences and Quality of Life of Older Taiwanese Men." Social Indicators Research. (On-line) DOI 10.1007/s11205-016-1531-y

9. 高齡社會學的反思

Stephen J. Cutler. "The Sociology of Aging and the Life Course Comes of Age." Pp. 633-638 in Handbook of Sociology of Aging.

Anne Foner. "Looking Back: My Half Century as a Sociologist of Aging and Society." Pp. 639-644 in Handbook of Sociology of Aging.

Phyllis Moen. "Living the Gendered Life Course in Time and Space." Pp. 655-660 in Handbook of Sociology of Aging.

10. 高齡社會學的未來發展

Linda K. George. 2010. "Still Happy After All These Years: Research Frontiers on Subjective Well-being in Later Life." Journal of Gerontology: Social Sciences 65B (3): 331-339.

Richard A. Settersten, Jr. and Jacqueline L. Angel. "Sociology of Aging in the Decade Ahead." Pp. 661-672 in Handbook of Sociology of Aging.

Ed Diener and Micaela Y. Chan. Happy People Live Longer: Subjective Well-Being Contributes to Health and Longevity. Applied Psychology: Health and Well-Being. 3(1): 1-43.

本課程主要書籍

主要書籍

周傳久，2016，〈北歐銀色新動力：重拾個人價值的高齡者照顧〉。高雄：巨流圖書。

Richard A. Settersten, Jr. and Jacqueline L. Angel (eds.) 2011. Handbook of Sociology of Aging. New York: Springer.

羅紀琮主編，2009，〈台灣人口老化問題〉。台北：中央研究院經濟研究所。2009。

蔡瑞明主編，2015，〈銀髮生活：建構優質的長青生活品質與環境〉。高雄：巨流圖書。

Helliwell, John F., Richard Layard, and Jeffrey Sachs (eds), 2015, World Happiness Report 2015. New York: Sustainable Development Solutions Network.

參考書籍

Robert H. Binstock and Linda K. George, Handbook of Aging and Social Sciences (7th Edition). London: Academic Press, 2011.

Eric Klinenberg. Going Solo: The Extraordinary Rise and Surprising Appeal of Living Alone. (獨居時代)。台北：漫遊者文化。2013。

陳肇男、林惠玲。《家庭、社會支持與老人心理福祉：二十世紀末的台灣經驗》。台北：聯經。2015。